

## The Story of The Thoughtful Baker, LLC

Treats for the Allergen Sensitive Gourmet

**The Thoughtful Baker** is pleased to offer individuals with multiple food allergies, and celiac disease, the most delectable, moist baked goods they have ever tasted! Our baked to order treats have the delicious taste and texture typical of conventional baked goods. At **The Thoughtful Baker**, we use the finest quality, wholesome, and natural ingredients. Our muffins and cakes are moist and light, and our cookies flavorful and tender. All our baked goods are preservative-free and trans fat free other than what naturally occurs in the dairy-based butter cream icing, cream cheese icing, and streusel option. Unlike many gluten-free products, our treats freeze beautifully!

The idea for **The Thoughtful Baker** was inspired by my desire to create delicious baked goods for the severely allergic children of a dear friend. Unable to eat dairy, eggs, gluten, peanuts, tree nuts, and soy, they never had enjoyed a birthday cake, or munched on a banana muffin, that wasn't tasteless, dull, and crumbly. After extensive research and testing, I perfected combinations of ingredients and production techniques which has resulted in baked goods (developed without dairy, eggs, gluten, peanuts, soy or tree nuts) truly superior to anything available in the marketplace today.

We take the greatest care to reduce the potential for cross contamination. Gluten-free, allergy sensitive products never are produced in conjunction with traditional products. Dedicated ovens and baking pans are used in our gluten free baking. We maintain a data base of our customer's food sensitivities.

Our greatest reward is the thanks from our customers and their families who can share, for the first time ever, baked goods which bring a happy and satisfied smile to their faces. Everyone will enjoy treats from **The Thoughtful Baker**, including those who do not have food allergies. The proof is in the taste! We look forward to baking for you!

**Barbara D'Ambrosio**

**The Thoughtful Baker, LLC** Ballantyne area, Charlotte, NC

Contact by phone at **704-341-1964**

by email [thethoughtfulbaker@earthlink.net](mailto:thethoughtfulbaker@earthlink.net).

*A complete ingredient list is available upon request.*

*The Thoughtful Baker, LLC is a licensed North Carolina company and has been inspected and approved by the North Carolina Department of Agriculture.*

## The Thoughtful Baker, LLC

Treats for the Allergen Sensitive Gourmet

### Muffins and Cakes

*(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Apple Spice	Chocolate	Pumpkin
Banana	Gingerbread	Spice
Blueberry	Lemon	Vanilla
Carrot	Orange	

### Icing Flavors:

*(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Chocolate, Lemon, Orange Zest, Vanilla

### Crumb Cakes

*(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Apple	Blueberry	Gingerbread
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### Cookies (2- 2½ doz)

*(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Brownies (16 ct)	Lemon Zingers
Chewy Ginger Snaps	Molasses with Vanilla Glaze
Chocolate Chip	"Oat-Free" Oatmeal Style Raisin
Chocolate Crinkles	Zesty Orange
Gingerbread	

### Yeast Breads\*

*(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Flax and Sunflower Seed	Rosemary Olive Oil
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### Quick Breads (½ -1 ½ doz)

*(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Banana or Pumpkin Bread	Boston Brown Bread
Beer Bread Rolls	Cornbread Muffins
Biscuits	Dinner Rolls

### Ingredient Options:

**Dairy Based Icing or Streusel** *(No Egg, Gluten, Peanuts, Soy, Tree Nut)*

Icing Flavors: Chocolate, Cream Cheese, Lemon, Nut-free Almond, Orange, Vanilla

### Egg Based

*(No Dairy, Gluten, Peanuts, Soy, Tree Nuts)*

Muffin and cake flavors listed above if requested.

**Corn Free/Yeast Free** *(No Dairy, Egg, Gluten, Peanuts, Soy, Tree Nuts)*

Vinegar and/or corn can be eliminated in recipes for individuals with corn or yeast intolerances. (Doesn't apply to corn and yeast breads.)

Muffins/ Cupcakes \$2.25-\$2.50/ each

Crumb Cakes: \$20.00

Yeast and Quick Breads \$15.00/ batch

Cookies \$15.00/ batch

Cakes priced per order

\*Products available soon

Our products do not contain egg lecithin or soy lecithin.

*Allergen Information:* Every effort is made to insure our products meet the dietary criteria you request. There is the possibility of cross contamination because corn, dairy, eggs, peanuts, soy, tree nuts, wheat, and yeast are present in our facility. Please be advised that you are responsible for your purchase from *The Thoughtful Baker, LLC* and we are not liable for any allergic reaction to our products. 05-2008